

Girls Only Cricket Program

Program Type

Sporting Schools Program.
Can be run during or after school hours.

Duration

5 week program
10 week programs can be designed with some cost to the school.

Recommended Participants

Primary school students and Year 7/8
Suitable to female students of all abilities.

Program Cost

NO COST. 5 week programs, fully funded by the sporting schools grant funding.

Number of Participants

With the funding received, we can run programs for groups sized 20-180.

Application Process

Contact Trent (details below). He will assist you with the application process to get your school funded!

The Girls Only Program is designed to create a fun, social, and safe environment where girls can be active through cricket. Sessions focus on participation, teamwork, and skill-building in a way that’s inclusive, engaging, and tailored specifically for female students.

1

Foundations First

Build confidence in a supportive environment with activities that introduce basic cricket movements and teamwork through fun challenges.

2

Fielding Fundamentals

Focus on catching, throwing, and movement with inclusive, non-contact drills that promote engagement and success for all skill levels.

3

Bowling Fundamentals

Learn the basics of bowling technique in a low-pressure setting, using visual cues and progressions that encourage coordination and rhythm.

4

Batting Fundamentals

Explore batting through station-based activities that emphasise fun, participation, and safety using soft balls and plastic equipment.

5

Modified Games

Bring it all together in small-sided games that reinforce teamwork, creativity, and enjoyment. Perfect for developing game sense and social connection.

Contact Schools Program Coordinator Trent Weir | 0420 223 343 or info@mypeac.com.au | You can also enquire on our website mypeac.com.au